

Dear me,



NSM saved my life on April 28, 2020

Being a participant in Next Step Program gave me my life back, NSM provided me with a kind of love and support that my heart never felt before - something I absolutely needed to be able to grow into loving myself.

I was able to bring that love and walk a journey that I was proud of. Because of Next Step, I found courage to foster a relationship with Jesus. He's been waiting a long time for me.

I went back to school, passed my academics with honors, began a practicum, got my first job in almost a decade, and have reunited with my family.

Today, I am 1 year 9 months sober, I love my life. I have good connections, supports, laugh often, and no longer live-in fear or on survival mode. Today, I am making constant shifts to be a better person today than yesterday, one day at a time. I am loving who I am becoming.

Love, MS